

## Woodstock Committee on Aging March 26, 2024 - Minutes Woodstock Town Hall, Room B

- 1. Chair Kevin Downer called the meeting to order at 5:00 PM.
- 2. Roll Call: Kevin Downer, Kristen Kaiser, Su Connor, Wendy Costa, Melissa (Missy) Jameson Dotti Durst. Absent/Excused: Suzanne Woodward, Sue Swan,

## 3. Approval of Minutes:

Motion K. Kaiser seconded by S. Connor to approve the 03/12/2024 minutes of the Woodstock Committee on Aging meeting carried unanimously.

- 4. Update: Senior Resources Brochure -Version 5 is being prepared for distribution. S. Connor will be added as an "owner" of the document as the software permits such an arrangement. DKH Healthcare, at an event last week, asked for the brochure and will distribute it, possibly electronically. Chair K. Downer will forward the document to all area churches, using their electronic network.
- 5. Considerations, questions, and next steps regarding codifying the CoA into the Town Ordinances:

  \* K. Downer has begun comparing Committee on Aging Ordinances from other Connecticut towns;
  and presented the research findings. In particular, the question pf whether this group will formally be
  named a Committee or a Commission was discussed. \* The draft language was modified by consensus in
  various ways, including clarifying the Committee's goal to include the Municipal Agent for the Elderly
  as a full member with voting privileges. \* Several details will probably be included in future Bylaws
  such as meetings frequency and dates. The Town Clerk will be asked for details about the specific
  number of members, number of alternates, and political party balance requirements.
- 6. Update regarding planning for a Spring COA-related event: D. Durst corresponded with NECCOG and included Chair K. Downer in the email. The timing of the completion of the current project by Woodstock's Planner (Part-time, contracted through NECCOG) will determine what month a forum of the type being proposed by the W CoA could take place.
- 7. Update regarding possible resources to structure and conduct a Community Survey/Report, including AARP Livable Communities and Network of Age-Friendly Communities, i.e., aarp.org/livable-communities/network-age-friendly-communities: the Committee members favored moving forward to explore participation. The political neutrality of AARP is being confirmed; their Survey could provide valuable information as we create specific plans to provide for our Seniors. The BOS would need to approve participation; the First Selectman would need to sign the application.
- 8. Conversation regarding how to make Senior-related information easily accessible/available, including Town of Woodstock CoA and MA/Agent for the Elderly webpages, postings: The town will permit postings on the CoA webpage and the process is underway. The Tri-fold was re-formatted for that use.
- 9. Public Comment: None
- 10. Other from the Committee:
- \*K. Downer phoned the Department of Aging for information but, despite being told that someone would return his call, he has not yet heard back.

- \* D. Durst noted that the Senior Expo, customarily held at Ellis Rech, has been denied use of the campus. Who the organizer was and if they are moving to another location needs to be explored.
- \* Since D. Durst will be traveling some of the weeks when the W CoA is scheduled to meet, a plan for sharing the taking of meeting notes and posting them will be set up.
- 11. Correspondence and Announcements:
- \*\*April 2 at 12:30 PM DK Healthcare: Fall Prevention Workshop at the Thompson Public Library Community Room, **Reservations are required.**
- 12. Adjourn:

Motion M. Jameson seconded by K. Kaiser to adjourn at 6:03 pm carried unanimously.

Respectfully submitted, Dotti Durst Dotti Durst Clerk, Woodstock Committee on Aging

Note: These minutes of the Woodstock Committee on Aging meeting have not yet been approved. See the next meeting's Minutes for approval or any modifications as determined by the Committee.