



March 2018

Pomfret Senior Center



Monday	Tuesday	Wednesday	Thursday	Friday
Birthdays: Eileen A.			1 10:00– Knitting & Crocheting with Nancy	2
5	6 9:00-10:00- Tai Chi 9:00– Chair Caning with Joe Doran at TEEG office	7 9:00-10:00– Chair Yoga w/Mary Anne 10:30– Walking Club 12:15– Movie- “I Am Sam”	8 10:00– Knitting & Crocheting with Nancy 12:30– Wii Golf/Bowling	9
12	13 9:00-10:00- Tai Chi 9:00– Chair Caning with Joe Doran at TEEG office 12:30– Trivia	14 9:00-10:00– Chair Yoga w/Mary Anne 10:30– Walking Club 11:30– St. Patrick’s Day Lunch 12:30– Bingo	15 10:00– Knitting and Crocheting with Nancy	16 Cabbage Dinner at Seely Brown at 5:00pm
19 	20 9:00-10:00- Tai Chi 9:00– Chair Caning with Joe Doran at TEEG office	21 9:00-10:00– Chair Yoga w/ Mary Anne 10:30– Walking Club 11:30– Spring Potluck 12:30– Presentation on Vision Impairment	22 10:00– Knitting and Crocheting with Nancy 12:15– Movie- “Hitman’s Bodyguard” 4:00-5:00– Activity with FRESH	23 
26	27 9:00-10:00- Tai Chi 9:00– Chair Caning with Joe Doran at TEEG office 12:00– Birthday Celebration	28 9:00-10:00– Chair Yoga w/Mary Anne 10:30– Walking Club 12:30– Bingo	29 10:00– Knitting and Crocheting with Nancy	30



Pomfret Senior Center
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Pomfret Center, CT 06259

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*** Lunch is served at 11:30 daily**
*** Details on all programs and activities are available in the**